



THE SUMMER CALL FOR SABBATH

Summer is upon us and now that Covid rates are down and vaccination rates are up, many of you are on the road enjoying the freedom of movement that we have missed for so long. And before we know it, fall will be upon us and many of the activities that make life feel “normal” are also the things that make us tremendously busy. So before we get lured into the hustle and bustle of “normalcy,” this month feels like a fitting time to reflect upon the third commandment: Remember the Sabbath and keep it holy.

The church as a whole is practicing Sabbath this month by not over packing the church calendar with activities.

We'll worship on Sundays at 10am. We'll offer Sunday School to reflect on God's Word. We'll pray. But your staff and leadership are taking a breath after a year of pivoting and constantly adjusting to pandemic hurdles to recharge and re-center ourselves in God.

I wonder how you might practice Sabbath this month, even as you travel, even as life “normalizes”. Could observing the Sabbath be part of your “new normal”? If so, what might that look like for you?

In true confessions, I am incredibly terrible at Sabbath, so this invitation is not coming from a professional expert but from a fellow sojourner on the road. What I can say is that when I do take the practice of Sabbath seriously, my spirit is better for it. I have also learned that God's command to honor the Sabbath can come in many forms, and you are free to choose a form of Sabbath that works for you, if the intent behind the Sabbath is to find rest and restoration in God.

So, your challenge for this month is to embrace the spiritual practice of Sabbath. MaryAnn McKibben Dana offers 10 ways to practice the Sabbath in her book *Sabbath in the Suburbs*:

- Sabbath invites us to take a day and not change anything—no bringing order to the chaos, no whittling away at the to-do list.
- Sabbath is a day in which to delight. “Focusing on delight, we create an atmosphere for something lovely to happen...when we take delight in the Sabbath, we experience the delight of God—they are one and the same.”
- Sabbath is a time to bring life back into some balance.
- Sabbath is a day to do whatever you want, as long as it's slow, completely unhurried.
- Sabbath is a break from the routine, the regular rhythm of work and home life.
- Sabbath is a day to fast from one thing—to go about one's day as usual, even if it includes work or errands, but to fast from one thing.
- Sabbath is not a day to say ‘no’ but a day to say ‘yes-and’ with the people with whom you are sharing the Sabbath.
- Sabbath is a place to be authentic—a day you don't have to be “on,” a place to be really real before the God who is “Really Real”
- Sabbath is a day to let go of annoyances and anger—even anger at things we're justified in being angry at.
- Sabbath is a practice of letting go.

Maybe one of these will work for you. Or try one of your own. But regardless, take note of what happens in you, in your family, and to the world around you when you take this practice seriously. I can't wait to hear about it!

CENTERING PRAYER & LUNCH WITH PASTOR KATIE

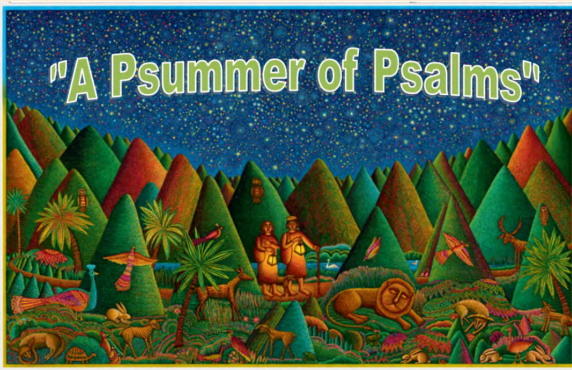
THURSDAYS IN JULY; 12-1 P.M., MPC SANCTUARY

As we practice Sabbath in July, join Pastor Katie for lunch and a time of prayer each week. Meet in the sanctuary at noon for a brief tutorial about Centering Prayer and then 20 minutes of silent prayer together. Bring your lunch and we can break bread together following a time of prayer. No preparation or experience required; just come curious to try out a new prayer practice. No sign-up required but email Katie if you have any questions. You can come every week or just drop by one week to check it out!

With joy in the journey,

Pastor Katie





JULY PREACHING SCHEDULE

"A Psummer of Psalms"

For any of you who have ever wondered how to pray or how to speak to God, the Psalms offer us language and music to approach the Holy. Whether you need to lament, to rejoice, or something in between, the Psalms give us permission and in fact invitation to bring our full selves to our relationship with God. No matter where you are emotionally or spiritually, there is a psalm for you.

7/4—6th Sunday after Pentecost

The Wisdom of the Law; Psalm 1
Katie Owen Aumann, preaching

7/11—7th Sunday after Pentecost

The Generosity of the Creator; Psalm 104
Katie Owen Aumann, preaching

7/18—8th Sunday after Pentecost

A Royal Psalm; Psalm 101
Emma Neishloss, preaching

7/25—9th Sunday after Pentecost

No Holds Barred; Psalm 22
Katie Owen Aumann, preaching

MPC FINANCE @ A GLANCE

The Finance Team believes transparency is important and so we're providing regular updates on the financial health of MPC. We give thanks to all who have pledged and who give with deep generosity! In July, we will resume collecting an offering in worship.

Whether you give in the offering plate, online via Realm or your bank or by mailing a check, help us continue to do the work of the church by keeping your pledge current.



	May Actual	May Budget	YTD Actual	YTD Budget
Receipts	56,188	61,099	364,912	303,227
Expenses	62,269	71,193	334,623	355,936
Net Revenue	(6,081)	(10,094)	30,288	(52,709)

RHO READERS JULY READ:

AMERICAN NATIONS: A HISTORY OF THE ELEVEN RIVAL REGIONAL CULTURES OF NORTH AMERICA
BY COLIN WOODWARD



Particularly relevant in understanding who-voted-for-who in this presidential election year, this is an endlessly fascinating look at American regionalism and the eleven "nations" that continue to shape North America. According to Colin Woodward, North America is made up of 11 distinct nations, each with its own unique historical roots. This book reveals how each region continues to uphold its distinguishing ideals and identities today, with results that can be seen in the composition of the U.S. Congress or on the county-by-county election maps of any hotly contested election in our history.

RHO Readers meets on Sunday, July 20 at 1 p.m. via Zoom; discussion lead by Joe Ballay. Click [here](#) for more info and to join in the fun!

SCHOOL SUPPLY DRIVE THRU JULY 11

Morningside is collecting new school supplies for Memorial Drive Ministries, Dobbs Elementary School, and Nicholas House. We are specifically looking for: glue sticks, highlighters, notebooks, pens, pencils, jumbo crayons, washable markers, erasers, and printer paper. Bring your school supplies to the Welcome Center through July 11!





Jenny Brod



Jonathan Crutchfield



Link Marx

NEW MEMBERS

As we slowly return back to a new “normal,” be on the look-out for these new members in our midst. Some faces are familiar and some are new! Perhaps you’ve only ever seen their faces behind masks! Reach out and get our newest members’ stories as we journey together. Their contact information can be found in Realm.



Myles Smith



Amanda & Daniel Sanders

LIFE TOGETHER:

AN UPDATE ON OUR COVID PROTOCOLS

Your Session met on June 21 and received a report and recommendations from the Covid task force. As we continue to adjust to a "new normal" together and seek to patiently and intentionally respond to CDC guidance in line with Morningside's values, we are making the updates to our practices on campus. Click [here](#) to read the updates.



AMANDA'S ORDINATION

Congratulations to Pastor Amanda Kemery on her ordination. Ordination is the celebration of the movement of the Holy Spirit. Ordination recognizes the Spirit given gifts for and commitment to ministry. It is the culmination of years of discernment and training. We are so proud of Pastor Amanda.



Food Truck Fellowship
come have dinner with MPC!



JULY 29

Thursday, 5:30-7:30



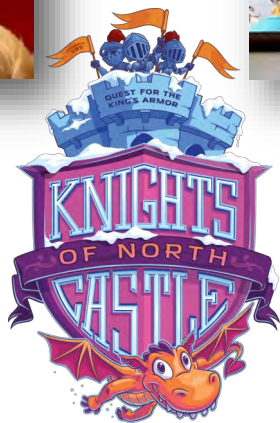

SAVE-THE-DATE

SAVE-THE-DATE

MPC FALL KICKOFF, SUNDAY, AUGUST 22

Mark your calendar for Sunday, August 22 for the annual Fall Kickoff, when we'll restart our Sunday School programs, Affinity Groups and activities for 2021-2022. We'll split into color teams and have a morning full of food, fun, and fellowship, tailgate-style! Interested in being a Color Team Captain? Email [Emma and Amanda](#).

MPC VBS 2021



MUSIC @ MORNINGSIDE

NEW ORGAN CONSOLE

Some things are worth waiting for. Because this church so generously gave during its last Capital Campaign, funds were set aside for "something that the music ministry needs", as Rev. Baron Mullis said to me. Little did I know when I said "a new organ console" that our former Organist/Choirmaster, Mason Copeland, had uttered the very same words. As with all things mechanical, the present organ console is beginning to fail. Should it be refurbished or should a new one be commissioned? In 2019, the decision was made to commission a new console by Robert Coulter Organ Builders. During the following years, a pandemic slowed progress significantly. But soon our new console will proudly stand where the former one stood giving excellent service for 75-plus years. Will you hear a difference? Likely not. Your Organist, though will breathe easier each Sunday.

- Jonathan Crutchfield



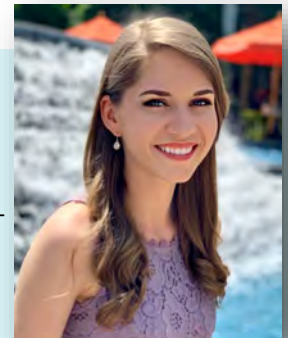
NEW ARTISTS SERIES

A slower pace during the pandemic has sparked new life into a long-held dream: to begin an artist's series at MPC. The dream evolved into possibilities this past spring — then, *The Nancy Frampton Rising Artists Series* became reality. The series plans to host artists from Atlanta, the US, and the world who are rising to the top of their craft. A subscription series beginning in 2022 will feature three such artists with a fourth artist added in 2023. Nowhere in Atlanta has such a series emerged — until now. The series will be funded through fund raisers, personal solicitations, and ticket sales; church funds will not be used. We celebrate this dream becoming reality.

FOND FAREWELL TO JOANNA BURRELL

Our wonderful staff soprano, Joanna Burrell has been offered, and has accepted, a position with the Arizona Opera Company beginning late July. She will be living and working in Phoenix, and aiding with productions in Tucson. Joanna says, "I will be the development operations manager at the company. I will be stepping into arts administration and will mostly be responsible for data analysis and some donor relations.

At this time, I won't be singing with them but I am hoping I can make those connections and sing with them in future." It will not be long before the opera world hears Joanna sing! Joanna will be with us through Sunday morning, July 21. There will be time for us to give her our well wishes. If you can't join us and wish to send her a note, click [here](#).



MORNINGSIDE SINGS!

SAVE-THE-DATE: AUGUST 28 AND 29

A cast of nineteen singers and five instrumentalists are rehearsing for our seventh Morningside Sings benefit production. Join us for ***Over the Rainbow: Morningside Sings Songs of Joy and Inspiration*** on Saturday, August 28 at 7 p.m. and Sunday, August 29 at 3 p.m. The music salutes 100 years of uplifting stage and screen classics including "You'll Never Walk Alone," "For Good," "Climb Ev'ry Mountain," and "Look for the Silver Lining." Donations received at each performance will benefit Morningside's music ministry program and the greater community that Morningside serves.



YOUR SESSION @ WORK

Your Session met this month to do the work of the church in preparing us for our "new normal" this summer and to begin to look toward the fall. Here are some of the items of celebration and note that your elders are attending to right now:

- Welcoming six new members to the congregation
- Celebrating seven baptisms in May and June
- Supporting new member Sarah Bogue in the ordination process
- Approving MPC as a polling location for the fall election.
- Updating Covid protocols as we continue to reopen
- Planning for homebound communion in August 1
- Receiving report from MPP about staffing changes and plans for the fall
- Preparing to install a new organ console, the final project of the 2014 capital campaign
- Celebrating Rev. Amanda Kemery's ordination



Session will meet Saturday, August 7th for a Visioning Retreat to consider our mission priorities as a congregation into the coming year. Please be in prayer for your leaders as they do this important work!

	13 Erik Selness
	13 Michael Siedschlag
1 Will Grant	16 Anna Bradway
1 Cindy Humphries	17 Laura Coogle
1 David Terry	17 Casey Durden
2 Emma Neishloss	17 Henry Hylton
2 Charles Woolley	18 Sophie Ryan
4 Lisa Ladds	23 Carolyn Cobb
5 Anna Mary Smith	24 Graham Gordon
6 Mary Hardy Cromer	24 Dixon Sapp
6 Frank Hofland	24 Doug Scribner
6 Lee Anne Sapp	25 Anthony Owens
10 Laura Ulep	27 Cameron McIntosh
11 Roland Behm	28 Kim Nuckols
12 Susan Oder	30 David Batchelor
12 Tom Oder	30 Leigh Gobbel
	31 Emilee Terry



REALM MEMBERSHIP DIRECTORY PROJECT

Realm serves as MPC's online membership directory, however its default privacy settings restrict members from viewing one another's contact information. In an effort to allow members to more easily be in touch with one another, we will be removing the default privacy settings from member profiles by **September 1**, unless you choose to keep all you contact information private. The removal of the default privacy settings will allow members to see each others' home address, phone numbers, and email address. Click [here](#) if you would like to opt out of allowing your information to be viewed by MPC members.

*Note: you can also customize your privacy settings by updating your profile in Realm.

NAME TAG PROJECT—REQUEST FOR VOLUNTEERS

If you have an hour or two, we could use your help! Bring a friend and use the time to catch up, while you sort, cut, and insert name tags. [Email Megan](#) if you would like to help with this project. Let's make sure that every member has a new nametag on the board by Fall Kick Off on Sunday, August 22.



Will
Barnette

After helping to guide the school through the COVID pandemic, our Director, Dr. Nadia Jones, has decided to pursue other career opportunities. Dr. Jones shared a farewell letter, which we hope you take a moment to read [here](#). We are very thankful for her leadership during a challenging year and wish her all the best with her future endeavors.



Click [here](#) if you'd like to take the Doxsee family (now a crew of 3) a meal!



We are pleased to introduce MPP's **Interim Director, Malori Doxsee**. Ms. Malori most recently served as Operations Assistant so she brings an extensive knowledge of our school's operations, experience in the classroom, and knows firsthand how special our great community is at MPP.

Ms. Malori attended the University of Alabama where she studied Human Development and Family Studies with a concentration in Early Childhood Development. She moved to Atlanta in 2015 and joined MPP in 2019. What Ms. Malori loves most about MPP is the church and school community.

She is driven by and appreciates how MPP families genuinely care about the school, our staff, and children.

We are excited to have her serve in this role given her passion for early childhood education, commitment to teacher development, and a love with our children.

In addition to her new role at MPP, Ms. Malori also was recently promoted to mother! She and her husband Thomas welcomed their baby boy, Tad, on June 16. Everyone is doing well as they are settling in as a new family. They have greatly appreciated the prayers and support during this exciting time in their lives. While Ms. Malori is out on maternity leave, Amanda Kemery, Associate Pastor of Children's Ministry at MPC, is covering Preschool Director responsibilities during our Summer Camp weeks with the support of MPP Committee Co-Chairs Katy Watts and Magan Ward.

We would also like to introduce you to our new **Enrollment Coordinator, Courtney Jerome**. Through this role, Ms. Courtney will be dedicated to developing and managing a comprehensive enrollment program for the school to ensure a personalized and seamless approach to the recruitment, admission, enrollment, and retention of students. As an integral member of the MPP leadership team, Ms. Courtney also will serve as a point of contact for MPP families and the broader community. We are pleased to have her step into this role!

Many of you may know Ms. Courtney as she has been with MPP for more than six years. Most recently, she taught PreK and enjoyed collaborating with teachers to plan play-based instruction, develop social and emotional skills, and provide a culturally responsive classroom to all students. In addition to teaching at MPP, Ms. Courtney was the Enrichment Coordinator and worked on various projects to enhance our overall program.

Ms. Courtney earned a Master's in Early Childhood Education from Mercer University in 2015. During her studies, she worked in Atlanta Public Schools to observe, teach, and gain experience. Ms. Courtney also has an MBA from Phoenix University and a Bachelor of Arts in Marketing from the University of West Georgia.

Ms. Courtney's two amazing boys - Daniel (12) and Sebastien (9) - are proud MPP alumni! Together, they love to swim, travel with a passion for the beach, and enjoy music.



Serve Together.

Researched
and compiled
by Jill Klotz

INTOWN COLLABORATIVE MINISTRIES

THANK YOU!

Many thanks to the efforts of the MPC Children's Committee for organizing and assembling 109 snack packs for ICM, enough to fill up Jack Klotz's pick-up truck (see the picture below)! Way to go! Jack and ICM's Laura DeGroot are in the picture to the right.



ICM FOOD PANTRY

On June 12, ICM had 864lbs of food donated, and gave out 6,532 lbs! This amounted to food aid to 229 households and 376 individuals. ICM's Food Pantry is open every Tuesday and Saturday.



HOW YOU CAN HELP—DONATE FOOD!

ICM needs right now are:

- Canned chicken
- Tuna packets
- Uncrustables
- Canned soups
- Cereal
- Single use plastic bags (EX: Publix bags)
- UHT Milk (shelf stable)
- Cooking oil
- Beans
- Instant oatmeal/grits
- Sandwich and gallon sized ziplocks



HOW TO DROP OFF DONATIONS

A donation drop off table is open outside Mclver Hall on Fridays from 9-12. You can pull your car right up to Mclver Hall and volunteers will be able to unload your donation.

Please scan the QR code with your phone and fill out the form so that we can record your donation. If you need a weight total, please be sure to let us know at the time of donation.

ICM does not accept clothing donations. Please consider giving clothing to [Mercy Church](#) or [Georgia Works!](#)

CLIFTON SANCTUARIES MINISTRIES

PROUD OF OUR GUYS!

- Ricky H. Received his SSDI and is employed.
- Markeeee W. - Employment and obtained stable housing.
- Mark A. - Received housing voucher and SSI.

TIME FOR A CHECK-UP!

We are grateful for Visions, Inc. who comes to Clifton quarterly to administer free blood pressure, cholesterol and eye screenings to our guests and staff. This information is then given to our nurse, Ms. Bittinger, who makes necessary follow-ups, recommendations, and referrals. This health service is a blessing to our folks.

CLIFTON SANCTUARY DINNER

The bi-monthly meal that Ann Watson and Joe Floyd are in charge of will be Saturday, July 24th at 6 pm. Click [here](#) for more info or to volunteer.



HOW CAN I HELP?

- Click [here](#) to purchase and donate from Clifton's Amazon Wish list.
- Click [here](#) to make a monetary donation.



KINDER KAMP READING

Dobbs Elementary held a Kinder Kamp especially for their rising K and 1st Graders (22 in all), helping them get a fast start for the next school year. The Kamp took place over 21 days during June, and MPC members were there for ten days (1 hour per day) reading to the children. The kids were involved in the stories and paid careful attention. They seem to be on a good path for next year!

- Bill Means, Dobbs Tutor Chair

J. W. DOBBS ELEMENTARY SCHOOL





MEMORIAL DRIVE MINISTRIES

THANK YOU!

Thanks to your pressed down and overflowing donations, out of the 20 Shalom youth that had signed up to go to the *Called to Connect Montreat Youth Conference*, we were able to fund 12 full scholarships!

Photo above: A Prayer Flag tree made by the Youth of *Called to Connect* at Montreat.



SHALOM YOUTH @ MONTREAT

"On June 06, 2021, twelve youths, six children, and two adults embarked on a four-hour journey to Montreat, North Carolina, for the Summer Youth Conference. We have been taking our Shalom Youth to Montreat every summer, but this year felt very special. Since the beginning of the pandemic, this was the first time for our youths to be together in person and let alone travel together. As we were all busy loading the van with suitcases, one of the youths said to me with a great sense of relief, *"I am so excited to go to Montreat this year"* she said. Then she continued, *"This is my first time leaving our house for six days since the beginning of the pandemic. I can finally be with my friends again."* Other youths shared this feeling. It was like a family reunion! It was a great experience to connect again with one another and with God in such a peaceful environment. The six days we were at Montreat, there was no dull moment. The youth enjoyed the keynotes, small groups, cooking, back home group and outdoor activities. After we came back, one of the youths named Keren Masango said, "Thank you for helping us go to Montreat. It was such a great experience. This is something I really needed, to be around other youths and share the word of God."

All this happened thanks to the support from partner churches like Morningside Presbyterian Church. We appreciate your support and thank you for making a difference in the lives of our youth and young adults.

Gad Mpoyo



MPC VBS SWEET TREATS!

VBS volunteers and staff enjoyed fresh hot cinnamon rolls from Just Bakery that were donated by your Mission Committee! You can order these and other fresh baked goods [here](#).



AMANI WOMEN'S CENTER

SPONSOR A STUDENT

The 2021 World Refugee Sunday on June 20th focused on the power of inclusion. The shared experience of COVID-19 has showed us that we only succeed if we stand together. We have all had to do our part to keep each other safe and despite the challenges, refugees and displaced people have stepped up. Given the chance, refugees will continue to contribute to a stronger, safer and more vibrant world. This year, we call for greater inclusion of refugees in health systems, schools and sport. Only by working together can we recover from the pandemic. World Refugee Sunday was started by the United Nations in 1951.

Sponsor a student at the Amani Women's Center! Click [here](#) for more information.

In honor of World Refugee Day!

EDUCATE

SPONSOR OR DONATE
**TO CREATE
SCHOLARSHIPS
FOR REFUGEE
WOMEN IN SEWING
PROGRAM!**

\$20

"Together we heal,
learn and shine"



10 REASONS TO GO ORGANIC



MPC C.A.R.E.
Cultivating Awareness Renewing Energy

1 YOU CAN TRUST IT

Organic products must meet strict standards of organic certification, so you can be certain your food is both grown and handled according to organic standards.

2 IT'S MONEY WELL SPENT

Though organics can cost a little more than traditional food, prices are based on the true cost of production.

3 YOU'LL CUT CHEMICAL USE

Organic agriculture reduces the risk from agro-chemicals polluting the air, water and earth that sustain us.

4 NATURE IS NOURISHED

By not using chemicals and nitrogen that leach into the soil, organic food protects and conserves our water resources and builds richer soils. Organic agriculture encourages environmental protection and enhanced biodiversity on the farm.

5 IT ENCOURAGES INNOVATION

Organic farmers have developed their farming practices to minimize agriculture's impact on the environment.

6 IT DEFENDS DIVERSITY

Biodiversity, that is, Biodiversity is the variety of species living on our planet, and studies show many organic fields contain more species of wild plants, insects and birds than regular farms.

7 IT REACHES OUT RURALLY

Organic agriculture supports small farms and offers new markets for local farmers.

8 THERE'S NO LIMIT

Today in every food category, you can find organic alternatives. More and more organic non-food agriculture products—such as cotton, something most experts believed couldn't be grown organically—are being developed.

9 IT'S GOOD FOR THE EARTH

Like reforestation, research is showing that organic agriculture could positively impact the global warming crisis.

10 YOU'LL FEEL BETTER

Organic food is rich with nutrients and disease-fighting antioxidants.

Instead of seeing
organic food
as an expense, view it as an
an investment
in your health &
a donation
towards a safer, better world
for future generations.

— Body Unburdened

www.bodyunburdened.com

FATHER'S DAY TRIBUTES

In memory of...

Bob Collins

By Nancy Collins

Cleo J. Koch, father of Sheryl Wingert

By Sheryl and David Wingert

Frank Chambliss Hawkins

By Philip H. Hawkins

Ernest Humphries and Gay V. Land

By Cindy and Bill Humphries

Kurt "Opa" Aumann

By Mollie and Jack Aumann

In honor of...

**Bryan Baer, my son,
a wonderful father and role model for my Grands**

By Beth Baer

Wait Aumann

By Mollie and Jack Aumann

**Those hoping to be fathers and those that are father
figures: may you find support in your community
and God's grace and comfort along your journey.**



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2021

						1 11 Yoga with Pam 12 Centering Prayer & Lunch w/ Pastor Katie		2		3			
4 10 Worship - Communion		5 Church Office Closed 12 Arts & Crafts Guild		6 11 Yoga with Pam 1:30 Staff meeting		7 7:30 Chancel Choir Rehearsal		8 11 Yoga with Pam 12 Centering Prayer & Lunch w/ Pastor Katie		9		10	
11 9:15 Adult Sunday School 10 Worship 11 Outdoor Fellowship		12 9 Partner with the Preacher		13 11 Yoga with Pam 1:30 Staff meeting		14 7:30 Morningside Sings! Rehearsal		15 11 Yoga with Pam 12 Centering Prayer & Lunch w/ Pastor Katie		16		17	
18 9:15 Adult Sunday School 10 Worship 1 RHO Readers Zoom		19 9 Partner with the Preacher 12 Arts & Crafts Guild		20 11 Yoga with Pam 1:30 Staff meeting		21 7:30 Chancel Choir		22 11 Yoga with Pam 12 Centering Prayer & Lunch w/ Pastor Katie		23		24 6 Clifton Sanctuary Dinner	
25 9:15 Adult Sunday School 10 Worship		26 9 Partner with the Preacher		27 11 Yoga with Pam 1:30 Staff meeting		28 7:30 Morningside Sings! Rehearsal		29 11 Yoga with Pam 12 Centering Prayer & Lunch w/ Pastor Katie 5:30-7:30 Food Trucks		30		31	



SAVE-THE DATE!
FALL 2021 RETREAT; OCTOBER 15-17

welcome to **BACK!**
MONTREAT
 CONFERENCE CENTER

More details and registration information coming in August!